JET BLAST

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Bennington was at sea for 201 days during the period March 1. 1955 to March 9, 1956. The ship steamed 67,898 miles in this same period.

DENTAL ASSOCIATION

Editorial

Talk

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Now that the time of leave periods is almost at hand and most of us will be going home to see all of our friends again; the conversations with our friends will no doubt center on the pros and cons of the service.

Are you going to remain silent when the scoffers talk down the importance and advantages of a military career? If you are, it's an open admission you haven't much pride in your work. And that means you haven't much pride in yourself,

Whether you're a long or short termer, the service, right now, is your career. How many of those civilian friends of yours would remain silent if you critized their profession or the organization

you're a member of one of the most important professions and work

they work for? In some circles, it's considered fashionable to run down the

service. If we let the argument go by without saying anything, we really don't deserve any better. So when you go home and the discussion swings around to the way you are earning your living, talk it up. Let people know that for one of the biggest organizations in the world.

"THE QUIETUDE OF LIPR" The Psalmist of old knew the value of pausing to reflect on God. His teachings and His will for our lives. He knew that as men we were going to have a great many little things in life that would throw us until we were able to put them in thefr rightful place their true perspective. So he said, 'Pause, think of God and Know Him." "Be still and Know that I am

We have often spent a very miserable annoying night bothered with the little cares of the day, with the disputes we have had, the little trivial things that we have allowed become mountains. We have not paused to pray before turning in at night, to allow our minds to become cleansed of these trivialities. We have allowed the prayer in our behalf, but not taking time to meditate, pray or even say AMEN.

We need to form a new habit. We need to habitually pause at day's close and just as we undress our bodies for sleep, so we need to undress our minds from the cares of the day, put on a new attitude of serenity, of Trust, or thoughts about God and Higher things. We need to Re Still and Know that He is God. Thus we, being duly prepared for sleep will have a night of rest and peace. Likewise in the morning we put back on the cares of the day refreshed and they will assume their rightful perspective, showing that most of then

"Be Still and Know that I am GOD. ' '

B S POWER