

Physical Fitness Results

by Capt. D.E. Schaet, USMC (C.O., Marine Detachment)

Once again the quarterly physical fitness tests conducted to evaluate the fitness of our crew are completed. Some of the results achieved are worthy of mention.

Over one hundred men achieved an outstanding score on the stationary run. The top men in this event were:

NAME	SCORE	DIV
Harpel, J. C.	484	H
Fleming, R. L.	480	G
Jung, S. L.	450	G
Maci, R. L.	446	G
Everett, J. M.	420	S-6
Oquinn, T. S.	418	G
Hartnett, S. M.	400	S-6
Thompson, W. L.	400	S-2L
Melbourne, D. L.	400	H
Dean, J. G.	400	OS
Snyder, E. L.	400	OS
Fix, L. J.	400	OR

In the more difficult 300 yard run only the following nine men achieved an outstanding.

NAME	SCORE	DIV
Baggett, J. C.	45 Sec	V-1
Marshall, M. A.	45 Sec	OR
Storm, C. R.	46 Sec	V-1
New, R. L.	46 Sec	V-1
Johnson, L. D.	46 Sec	V-1
Trimmer, T. A.	46 Sec	V-1
Kennedy, O. V.	46 Sec	V-1
Baker, D. L.	46 Sec	V-2
Avial, M. M.	46 Sec	V-1

The second easiest standard to meet was outstanding in the jump and reach event. Fifty-one men jumped the outstanding 24" or more. Highest was R. Fullerton of M Division with 30" while B Division's W. Jeff jumped 28". Tied for third honors were T. A. Trimmer (V-1), V. A. Eskra (E Div), J. D. Burton (OI Div) and F. W. Sheetz (OR Div) with 26".

In the arm muscle department five men were outstanding in pullups and 21 men made the grade in pushups. Fox Division's R. K. Sandoe and 3rd Division's J. R. Glasco had 20 pullups each. Right behind them came F. L. Snyder of OS with 19 while H. E. Swanson (V-2 Div) and A. W. Merrill (E Div) had 18 each. Our pushup champs with 50 each are: R.F. Harris (S-3), L. Haldas (OS), R. G. Bray (G), and Hughes (G).

The sit-up king was J. C. Harpel (H Div) with 200. T. D. McEuen and E. L. Snyder of OS Division did 121 and 120 respectively. T. R. Tucker (3rd Div), S.L. Bergster (OS) and A. W. Merrill (E Div) each did one hundred. Eight other men also achieved an outstanding.

The broad jumping event was led by a field of 11 outstanding jumpers. T. E. Ludwick of V-3 Division topped all with a 9'5" leap. J.A. Reed (3rd Div), E. P. Reid (3rd Div) and Frankie of S-2L also broke the 9 foot barrier.

Fr. Heaney Departs For New Duty at USNH, Oakland



Fr. Harold V. Heaney, LCDR, CHC, USN, departed BENNINGTON on Oct. 10 for duty at the U.S. Naval Hospital in Oakland, Calif. He served in BENNINGTON since May 1961.

The Catholic Chaplain is a veteran of 10 years' naval service and is noted for being one of the first chaplains to "winter over" at the South Pole.