



SPORTS ROUNDUP

Physical Fitness Report

The results of the physical fitness tests of ship's company personnel for the quarter ending 31 March show a vast improvement over the previous quarter. Less than one percent of the personnel under 40 failed to pass the test compared to 2% percent last quarter. The men of the BENNINGTON achieved the following averages in each event: Push-ups - 23; Pull-ups - 5%; Sit-ups - 32; Jump and Reach - 19%; Standing Broad Jump - 7'; 300 yard shuttle - 57 s e c.; and Stationary Run - 250 counts.

Top individual marks in each event were: Push-ups - Roberts, B. (OP) 73; Pull-ups - Howlett, C. L. (A) 25; Sit-ups - DeMulling, R. A. (D) 224; Jump and Reach - Hunter, J. W. (V-3) 32"; Standing Broad Jump - Ludwick, T. E. (V-3) 9'3"; 300 yard shuttle - Dean, J. D. (OS) 43 seconds, and Stationary Run - LT Prokop - 456 counts.

Seven men, compared to only one last quarter, attained an outstanding mark in each of the required categories. They were: Dean, J. D. (OS);

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BENN's Sports Program Active While in Philippines

By LTJG S. M. Mattox

During our stay in the Philippines, the BENN sports program was the most active that we have had for quite a while. We played everyone in sight, and for the most part, came out as the victors.

In softball, the varsity squad made up of players from all units played in cow pastures, rock piles, and on some beautiful fields. Their record so far is nine wins and four losses, but those losses all came against shore based teams, with two of the four losses coming against professional teams. The wins came against USS PHILIP, USS ELDORADO, the Subic Base team, HS-8, VAW-11, San Marcelino, San Miguel Brewery and Castillejos.

The losses were: two to San Miguel Navy Communications Station; one to San Miguel Brewery and one to Ship Repair Facility, Subic.

Those boys are playing real good ball, and if we only had time to practice daily like the shore stations, we would have an outstanding club.

In basketball, both the intramural program and the varsity are going strong. From the scores, it appears that X Division is the team to beat in the intramural league, although they lost one game by forfeit. The varsity has been beaten only once

this year, and then it was against the Yokosuka base team. They won ball games against Subic City, St. John's Academy, San Marcelino, and CARDIV-15. Oddly enough, this team has never held a practice.

In volleyball, VS-38 is running away with the intramural league, with VS-33 right behind. The winner last year, H Div., has lost seven straight ball games, and this is not because they are that much worse. We just have a stronger league.

The varsity team has played only two matches, and has split, winning from St. John's Academy, and losing to Sasebo base team. Speaking of varsity ball games anyone interested in playing varsity volleyball, please contact Ensign Roski at 645. This is not beach ball but regulation tournament rules.

In golf LT Perry holds the course record for Subic and he and LCDR Blount tied for low gross. The BENNINGTON team took the Subic Invitational Championship. Great Golfing.