



By JOE D. C. KASTER

The Roaring 20 staff plans to add another feature which may prove interesting, a "Letters to the Editor" page.

This feature is just the thing you have been waiting for. It's a way to get that "pet peeve" off your chest. All I ask is that the letters be kept clean and truthful.

In order for your submitted letters to be published, they must be signed. This does not mean that your name will be used in the magazine. If you request that your name be withheld, it will be. If you are afraid of repercussions, bring your letter to me, JOE Kaster, and I will hold your identity in the strictest of confidence. Not even the rest of the staff will know your name.

Of course, some of the letters may fail to make the magazine and some may be shortened because of space limitations, but I'll do my best to see your idea is seen.

Why is the Roaring 20 incorporating this type of feature which could be controversial? The answer to that is simple. You have a Commanding Officer who is very interested in the morale of the crew. Captain Barrow suggested that the magazine would be much better if there were some controversial articles carried.

So, help me launch this feature by putting those "pet peeves", suggestions or thanks on paper and bringing them to the Public Affairs Office.

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The Roaring 20 is losing one of its best features, "Karp's Corner". RM3 David Karpf is being released from active duty and this issue is carrying his last cartoon submission. Now the staff is looking for an artist who can and will fill this vacancy. If you have a flair in this line, the staff needs you.

JFKs find men Huffing and puffing

Hanger Bay One was converted into a sort of gym for about a week during March and May as the crew worked out to pass Benn's quarterly physical fitness exams.

According to Bennington Instruction 6130.1A of November 28, 1962, the crew must meet certain physical performance standards in tests to be administered every three months. All those 39 years of age and below who are not excused by the Medical Officer must participate. Paragraph 3a of the instruction directs division officers to ensure that "...persons who fail the test...exercise daily until they are able to meet the minimum standards."



During March's workout, supervised by the ship's Marine Detachment, the crew had to undergo four separate tests.

Station One handled pushups. A minimum of 20 was required in order to pass.

Station Two was for situp qualification. A minimum of 30 were required.

Station Three was for the broadjump. A minimum distance of six feet, six inches was required.

Finally, Station Four was for the running-in-place test. Participants had to do 200 counts spread over three minutes.