

## Editorial

### Positive or Negative

How many people do you know who have a negative outlook? Look around you. They're easy to spot. They're always the ones who gripe, complain and seldom smile. They're always the ones who put a damper on a fine day.

Sure, there are those days when you get out of bed on the wrong side and nothing goes right the rest of the day. Everyone experiences those disheartening days. But what does it take to straighten the day out for you? Most of the time a warm smile and a friendly greeting from the man on the street will put the day in the right perspective. But, on the other hand, a grumph from a friend or a curt "morn'n" from a work companion really completes the day--- the day nothing goes right and you have the negative outlook. At least during days like this you know tomorrow will be better. It just couldn't be worse.

There is another thing you can be happy for. Every day isn't like that. You don't get out of bed on the wrong side every morning. But what about that poor guy who grumbles through each day. You know, the one who tries to put the damper on your fine day. Could it be he is actually that far down and out? Do you reckon a cheerful note from you might help him to look on the brighter side of life? When you meet him, try to be cheerful and kind. You may be surprised. You may insert the only happy moment in his day. But that's the hard way. It's much easier to grumble back, frown or make some cutting remark. In that way he won't think about you one way or the other. You just slip into his set pattern of life.

If you hate the Navy and can hardly wait for your separation, you still have a cheerful note to start each morning. One more day is behind you, and today you are shorter. If that doesn't work, reassess yourself. The Navy is what you make of it. If you want it to be tough, it will be. If you want to make the best out of your life in the Navy, it will reward you. It's like the old saying, "you only get out what you put into it." So if you have a positive, cheerful outlook, the Navy will make room for you to advance, but, by the same token, if you have a negative, grumpy outlook, the Navy is like any other life, it will put you down.

## Second Class Boilerman Captures Man of Month

Boilerman Second Class Clifford S. Pashby, 27, of "B" Division has been chosen as Bennington's Man of the Month for December.

As a result of his selection, Pashby will receive a \$25 U.S. Savings Bond, a 16-hour liberty pass he may utilize any time he so desires, head of the chow line privileges for a month, and a letter of commendation for his service record.



INVENTORY TIME--ST2 Clifford S. Pashby of "B" Division, December's Man of the Month, is currently helping out on the Supply Organization Assistance Program (SOAP Team) at the Supply Center on the Long Beach Naval Station.

"I have a sense of accomplishment for having been chosen," Pashby said when he was told of his selection. "I'm happy to have received recognition from my superiors. I'm real proud."

Pashby enlisted in the Navy on May 20, 1959, and intends to make it his career. He came to Bennington in September, 1967, and is presently TAD to the Naval Supply Center on the Bennington's Supply Organization Assistance Program (SOAP Team).

Pashby is the son of Mrs. Mary A. Pashby of Winooski, Vermont. He is married to the former Juanita Boyd of Lynwood, California. They are presently residing at 523 Wildington Blvd., Wilmington.